

## Message 8

*Frankfurt, Germany, 6 Jun. 1999*

Can there be a desire/discontentment without any object/reason? Then there is no subject/the-I-ness either. That is a breakthrough. And only then, there is the possibility to have an exposure to the dimension which is not of the mind – the sacred insight!

Reality is existence and not an experience. Experiences are valid and of value, only in technical/worldly matters. In matters spiritual, experiences/visions will make you mentally invalid/diseased.

Perception of existence is not elation of experience. Experience is cognition and all cognitions are contaminations from conditioned reflexes.

Examine and look into your beliefs and experiences. See the unabated tendency of thought to give itself continuity. Experience is not reality. It is ephemeral. Reality is eternal. Reality is energy in space which also understands! That space is right within you. Decontaminate that space from the things of the thought before the body drops dead. Look without spectatorship. Freedom from mind/time is the greatest enlightenment.

**SHAKTI – CHITI – ITI  
RADHE – GOVIND – JAI**