

Message 26

Varanasi, India, 7 Aug. 2000

Psychological individuality (ego) is encouraged and entertained by society and religion. But psychologically we are not individuals, physically we are. Content of human consciousness is same everywhere. Universe has only one centre, we are concentric circles. That is why it is called 'universe' and not 'multi-verse'! And the verse is that of a vast poetry, a vibrant mystery, a rhythm, a dance of the void – the Shiva.

Separative consciousness is due to displacement of ego-centre from the centre of wholeness. Ego is a fiction – useful in matters mundane, but useless in matters deeply spiritual. The fiction is maintained through various props and pursuits. And thus the protective mechanism of the mind, the myth is perpetuated.

Choiceless passivity is an essential part of existence in Kriya Yoga. The period of fallowness is as essential as tilling the land. As the fields are allowed to remain fallow, open to heavens to revitalize, so the mind be silent, in choicelessness to renew itself.

This passive alertness is setting the mind free from its reactions and thereby bringing about a state of inward quietness without deliberate will. It is attention without frontier. It is a movement that lies beyond all thought and feeling.

**OM NAMAH SHIVAYA
TRUTH SIMPLICITY LOVE**